

CAMBRIDGE CLUB'S CODE OF CONDUCT

The Cambridge Club is an inclusive community for all. If, for any reason, a Member makes another Member, patron, guest, or staff person feel uncomfortable, harassed, or in any way threatens their personal safety, the Cambridge Club has the right to deny access and have their membership resigned.

CELL PHONES & LAPTOPS

- If you need to take a discreet call, do so in the lobby of the Club or behind the doubles squash court.
- Do not use your cell phone while on equipment between sets.
- Voice calls and video calls are not to be made in the Oak Room during prime-time hours: 7am-9am, 11am-2pm, 5pm-7pm.

OAK ROOM

- No athletic clothing, robes, or baseball caps to be worn in the Oak Room.

LOCKER AREAS

- Always shower before using the sauna, steam room, whirlpool, or cold plunge.
- Ensure your used towels and robes are placed in the hampers provided.
- Take all of your belongings with you – or place them in your locker – when you leave. Items that are left will be collected, stored for 1-month, then donated to charity.
- No shaving in the steam room, sauna, or whirlpool.
- Use discretion when applying colognes.
- Ensure your gym attire is freshly laundered.
- Ensure all used disposable items are placed in the waste basket once you are finished with them.
- Ensure your gym attire is not in the way of other Members while you are using the locker room facilities.
- Do not use hair dye in the shower area.
- Ensure newspapers, magazines, and other reading materials are not left in the wet areas, sauna, and steam room.
- No outside food or drink is permitted in the Club.
- Ensure a chit is signed for all pro shops and take-out fridge purchases including name and member number.
- Members are not permitted to store personal items in the take-out fridge
- No glass is permitted in the wet area. There are plastic cups available at the Oak Room bar.

SQUASH

- White squash attire is required.
- All shoes worn on our courts must have non-marking soles.
- Ensure you leave the space clean: towels are to be placed in the hampers, tissues/cups in the garbage, and balls removed from the courts.
- Ensure white clothing is worn.
- Ensure clothing is freshly laundered.
- Members are responsible in ensuring their guests wear proper white clothing and non-marking shoes on the squash courts.
- No baseball caps to be worn on courts.
- If you are unable to make a court booking, ensure you cancel as soon as possible.
- Always try to be on-time for games and let your opponent know if you are running late.
- Always call your lets.

FITNESS

- Replace weights and equipment back in their appropriate spots when you are done with them.
- Share the space! Welcome other Members to work in with you.
- Avoid dropping weights. Your fellow Members appreciate it and it is a safety issue.
- Wipe down equipment when you are finished. Sanitary wipes are available in all athletic areas.
- Ensure newspapers, magazines, and personal items are not left on equipment after use.
- To ensure your safety and for sanitary reasons, ensure proper footwear is worn at all times in all active areas of the Club and in the restaurant.
- If you are unsure on how to use a piece of equipment, or you have any questions about the Club itself, ask one of our experts for help.
- Do not take phone calls on the gym floor. Phone calls can be taken behind the doubles squash court along with the Club lobby.

CLUB HOURS

Weekdays: 6am – 10pm • **Weekends:** 8am – 6pm • **Holidays:** 8am – 6pm

Note that the Club closes at these times. We ask that if you would like to shower/clean up, you head to the locker area 20 minutes before closing to ensure you have enough time.



Cambridge Club
TORONTO